**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, August 28, 2013

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Health/Substance Abuse Prevention

**Short term targets:**

* Update and review plans for Oct 4, 2013 Summit for Healthy Children Event focused on physical activity
  + Registration
  + Venue
  + Agenda
  + Breakout Sessions
  + Budget
* Determine specific needs and next steps for October 4, 2013 Summit for Healthy Children Event

**AGENDA**

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| **3:30-3:35** | Welcome and review agenda |
| **3:35-3:40** | Introductions |
| **3:40-3:55** | ***Registration: (Mary)***   * Invites * Number of attendees * Sign in * Folders/bags (agenda, resources/handouts, “swag”) * Breakout session placement |
| **3:55-4:05** | ***Venue: (Steve)***   * Location * Time * Food * Set-up (technology/furnishings) * Signage |
| **4:05-4:15** | ***Agenda: (Mary)***   * Welcome * Keynote * Breakout Session * Conclusion |

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| **4:15-4:30** | ***Breakout Sessions: (Steve)***   * Zero hour activity * Active Recess * Access to Physical activity * After school Physical Activity * In class activity – Take 10! |
| **4:30-4:40** | ***Budget (Steve/Mary)***   * Venue (free? $350 for breakout rooms?) * Food ($7.50/person) * Keynote travel (approximately $1500 – includes graduate student) * Keynote honorarium (?) * Funding sources:   + UM/MCPS SHAPE P20 grant: $3300 from Gaskill’s portion of grant that was going to focus on Franklin program but this will be broader??   + $1000 from Health Department? |
| **4:40-5:00** | Closing and next steps: Review who will complete what  ***SET NEXT MEETING DATE AND TIME***  Options:   * Between 2:30 and 4:30pm Tuesday, September 10, 2013 * Between 1:30 and 4:30pm Thursday, September 12, 2013 * Between 1:00 and 4:30pm Friday, September 13, 2013 |